



With funding from
Austrian
Development
Cooperation



Empowering Informal Carers in Montenegro, Serbia and Austria

Approaches and good practices for informal carers

31st May - 1st June 2022

Sutomore, Montenegro



Tentative Conference Program

Experts and key actors in the field of long-term care (LTC) will discuss approaches and good practices for informal carers. In a series of parallel workshops ideas among professionals and stakeholders will be exchanged and key recommendations will be developed and presented. Translation service will be available for main session in Montenegro.


With this conference we want to contribute to achieving the Sustainable Development Goal (SDG) 1 "No Poverty" and SDG 3 "Good Health & Well-Being". In order to minimize the negative environmental impact during this event and to support good health & well-being, we will avoid plastic and minimize the distribution of paper.



Arrival Day: 30th May 2022

18:30  **Welcome Reception**
Venue: House of Solidarity, Sutomore

Day 1: 31st May 2022

8:30 - 9:00  **Registration**
Venue: House of Solidarity, Sutomore



I-CCC Diary: Getting familiar with the tablet-based tool to support clients with dementia.

Morning Session Day 1

- 9:00 - 9:40 **Welcome Remarks**
by Jelena Dubak - Secretary General Red Cross Montenegro
Ministry of Health- tbc
Ministry of labour and social welfare tbc
EU Delegation to Montenegro-tbc
- 9:40 - 9:55 **The EU- Care Strategy**
by Dana-Carmen Bachmann - Head of Unit responsible for long-term care, European Commission, virtually
- 9:55 - 10:05 **Break**
- 10:05- 10:35 **The demanding situation of informal caregivers who care for people with dementia**
by Lewis Arthurton - Alzheimer`s Disease International
Followed by discussion
- 10:35 - 11:00 **Coffee break**
- 11:00 - 12:30 **Panel discussion on challenges and innovations in supporting informal carers in Austria, Serbia and Montenegro**
by Jelena Šofranac - Director of Nurse Home Podgorica
by Natasa Todorović -Health & Elder Abuse Prevention Expert, Serbian Red Cross
by Monika Wild - Long-Term Care Expert, Austria
Moderated by Anya Blum - Austrian Red Cross
- 12:30 - 13:30 **Lunch break**

Afternoon Session Day 1

13:30 - 15:30 **Parallel Workshops**

Topic 1: Speaking up for informal carers – tools for advocacy

Input by Dr. Milutin Vračević
Health Program Manager, Red Cross of Serbia
Moderated by Hanna Steger, Austrian Red Cross
Rapporteur: tbd

Topic 2: Activities and tools to support informal carers


Input by Monika Wild,
Long Term Care Expert, Austria
Moderated by Kerstin Bohner
Rapporteur: Anya Blum, Red Cross Austria

Topic 3: Analysis of policies and legal solutions when it comes to informal care in Montenegro, practical examples and possible perspectives

Input by Dragana Pešić,
Social Worker, Montenegro
Moderated by Ivana Smolović, Red Cross of Montenegro
Rapporteur: tbd

16:30 **Departure to Budva & City Tour - optional**
Meeting Point: Reception

Evening Program

19:00  **Dinner Reception**
Venue: Restaurant Porto
Marina Budva, Budva



I-CCC Diary: A typical working day of Sandra, nurse and Emire, social worker. This time they visited Ljeposava, in a rural village in Bar, it took them almost 20km to reach her home.



I-CCC Diary: The results of the need assessment showed that loneliness is a major problem of most clients.

For more information

Please visit our website for further information on the I-CCC project. All conference documents will be published online <https://communitycarecenter.eu/>

For questions, please contact Ivana Smolović
ivana.smolovic@ckcg.me

Day 2: 1st June

9:00 - 9:30

Registration

Venue: House of Solidarity, Sutomore

9:30 – 10:00

Supporting inclusive development of community based LTC

by Dr. Selma Kadi - European Center for Social Welfare Policy
Followed by discussion

10:00 - 10:30

Lessons learned from the parallel workshops and wrap up of day 1

Followed by discussion

10:30 - 10:45

Presentation of key conference findings

by Ivana Smolović, Red Cross of Montenegro

11:00- 12:00

LUNCH - optional

Transport to the airport will be arranged.

End of the Conference

Speakers at the Conference



Dr. Lewis Arthurton, Communications and Policy Manager, Alzheimer`s Disease International (ADI)

Prior to joining ADI, Lewis was employed as an analyst, working within a global consultancy company specializing in market access, reimbursement and pricing for novel pharmaceuticals. Independently of this post, he participated in campaigns highlighting the link between antivaxxer conspiracy theories and antisemitism during the Covid-19 pandemic. Lewis holds a DPhil. in Molecular Cell Biology in Health and Disease from the University in Oxford and has experience of front-line care, having worked as a Health Care Assistant within the NHS and as an Ebola Lab Technician in Sierra Leone.



Dana-Carmen Bachmann, Head of Unit, DG Employment, Social Affairs & Inclusion - EU Commission

Responsible for social protection policies at the European Commission. Prior to this, Ms. Bachmann was Head of Unit in DG EMPL and DG EAC responsible for Vocational Education and Training, Apprenticeships and Adult Learning. She also worked as a lawyer at the European Court of Human Rights. She has a bachelor`s degree in law from the Faculty of Law in Bucharest, a bachelor`s degree in European Law from University Paris I, and completed a master`s and postgraduate studies in international law and international relations and conflict resolution.



Dr. Selma Kadi, European Center for Social Welfare

Policy Researcher and project coordinator at the European Centre for Social Welfare Policy and Research in Vienna. Prior to that, she was a postdoctoral fellow at the Institute for Ethics and History of Medicine at Tübingen University. She holds a PhD in Sociology from Teesside University in the UK. Her research focuses on care, health and ageing. At the European Centre, Selma currently coordinates the InCARE project which develops innovative solutions for long-term care in the community.



Jelena Šofranac, Director of the Public Institution Nursing Home "Podgorica"

Psychologist and systemic family therapist. Prior to the position of the director of the Home, she worked for seven years in the Red Cross of Montenegro as a program coordinator for the areas of care for the elderly, psycho-social support and youth. She has been a member of several working groups at the national and international level for the development of strategic documents and educational materials on the topic of older people and aging. She is a co-author and implementer of accredited training programs, co-author of the research "The position of the elderly and their satisfaction with support services" and a manual for providing psycho-social support in crisis situations. She is currently in his second year of master's degree in psychology.



Natasa Todorovic, Health & Elder Abuse Prevention Expert, Red Cross of Serbia

Psychologist with a Master's in Public Health, and an accredited educator in the field of psychosocial support and sexual and gender-based violence (SGBV). Working for the Red Cross of Serbia since 2001, responsible for programs and research focusing on: the rights of older persons and public advocacy. She is one of the founders of the network of civil society organizations HumanaS, President of the Gerontological Society of Serbia, the representative of INPEA for Europe, Member of the Governmental Council of Aging and the Governmental Council for Intergenerational Solidarity. Ms. Todorovic is the author and co-author of more than thirty scientific papers and publications on the topic of aging and older age. In 2018, she has been awarded the International Rosalie S. Wolf Award in Elder Abuse Prevention, by INPEA.



Monika Wild, Long-Term Care Expert, Austria

Headed the health and social services at the Austrian Red Cross from 1993 to 2020. She teaches and lectures at various training and further education institutions and is deputy chairwoman of the Austrian Society for Case and Care Management. She has more than 40 years of experience in the field of nursing and care.